

1. Teams:

- Rounders is played between two teams, with each team consisting of 9 to 15 players.

2. Equipment:

- Bat: A rounders bat is a short, cylindrical bat with a maximum length of 18 inches.
- Ball: A leather or rubber ball, although in primary schools a tennis ball is often used.
- Bases: There are four bases arranged in a diamond shape – first base, second base, third base, and fourth base.

3. Playing Field:

- Rounders is typically played on a grass field with a batting square, bowling square, and a waiting area for the batting team. There are posts to indicate the four running bases.

4. Innings:

- In rounders, each team has two innings to bat and field. During each inning, the batting team attempts to score as many points (known as rounders) as possible, while the fielding team tries to get the batters out.

5. Scoring – to score, a batter must:

- *One Rounder:*
Hitting the ball (or no ball) and running to the bases in the correct order (first, second, third and fourth) without being 'put out.'
Backwards hit: the batter must stay at first base, until the ball is returned forward, in front of the batting square, by a fielder. They can then continue their run round the consecutive bases.
- *Half Rounder:*
Reaching the second or third base on their bat. *If the batter is deemed out before they reach fourth base, the point will be revoked.*
Completing the four bases, in the same way as to score a rounder, but if the ball hasn't been hit.
The bowler delivers two consecutive no ball.

6. Outs – batters can be put out in several ways:

- A fielder catches a batted ball before it touches the ground.
- Stepping out of the batting square before hitting/missing the ball.
- Overtaking another batter on the track.
- Side out (there are no batters left to bat and all runners are out in the field).
- The post a runner is running to is stumped.
- Deliberately throwing/dropping the bat.

7. Bowling:

- The bowler stands in the centre of the field, in a bowling square and bowls (throws) the ball underarm to the batter.
- The batter must attempt to hit the ball into the field of play.
- *A no ball is called when the ball:* bounces before it gets to the batter; isn't a smooth throw; goes above the batter's head; below the batter's knee; would hit the batter; is on the non-batting side of the batter; is wide on the hitting side.

8. Fielding:

- The fielding team tries to prevent the batting team from scoring runs by catching the ball, fielding the ball and throwing it to a teammate to get the batters/runners out by touching the base with the ball before the batter reaches it.

9. Scoring Runs:

- Rounders are scored when batters successfully reach fourth base after completing a 'track' around the outside of all the bases – touching each base on the way past.
- A rounder (or half rounder) is awarded depending if the batter stopped at a base, waiting for the next batters turn before completing the track.

10. Game Duration:

- A standard rounders game is typically played over a set number of innings.
- The team with the most runs at the end of the game wins.