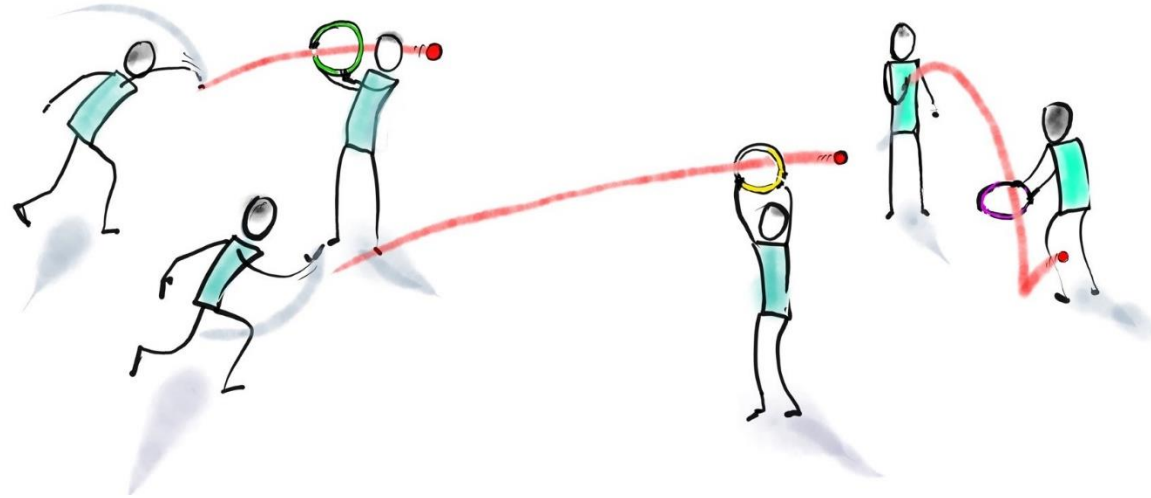


equipment:

- Red Noses (small ball)
- Quoits or small hoops



how to set up:

- Children work in pairs.
- Each pair needs their own red nose (or small ball if they don't have a red nose) and a quoit or small hoop.
- Partners start one step apart in a good space.

how to play:

- One child from each pair will hold the first quoit in the air.
- The second child must try to throw the red nose (ball) through the quoit.
- If they are successful, they will score one point.
- After every throw, the pupil with the quoit takes a step further away from their partner.
- Each pupil has 5 throws.
- Points for each successful throw keeps increasing the further away they are. For example, the first quoit is worth one point and the fifth quoit (5 steps back) is worth 5 points.
- Pairs switch roles to allow both children a chance at throwing the red nose through the quoit.
- The child with the most points after all five throws is the winner.
- Switch partners and play the game again.

Safety: ensure the pupils with the quit are standing in a good space, with no-one behind them.